

Spaghetti Squash Salad

Yield: 2 Large or
4 Small Servings

Prep time: 30 min.

Cook time: xx min.

Total Time: 30 min.

Ingredients:

- 1 roasted spaghetti squash, seeded and scooped into a bowl, strands separated
- 2 carrots, grated or julienned thin with mandoline
- 4 scallions, cut length-wise into thin ribbons
- 1 leaf purple cabbage, thinly sliced or grated
- 4 TBSP toasted pine nuts
- 4 TBSP currants
- 12 green or kalamata olives, sliced
- 1 sliced jalapeno, deseeded, ribs removed and finely diced
- 1 cup parsley, finely chopped

Vinaigrette:

- 1 lemon juiced, white balsamic or apple cider vinegar mixed
- Dash of maple syrup, to taste
- Salt & pepper, to taste

Directions:

1. Lightly toss all ingredients including vinaigrette in large bowl.
2. Adjust seasonings as needed, being cautious of additional salt as olives will provide plenty.



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